

Mindsets



with James Anderson



How much more intelligent is
your child this year,
compared to last year?

Success What is it?



Success

Achieving a Goal that Requires



love
God

love
others

LOVING WELL

love
yourself



Intelligence

Behaving in a way that brings about success



A silhouette of a person in mid-air, jumping over a gap between two dark cliff edges. The background is a vibrant orange and yellow sunset sky with a large, bright sun on the right side. The overall mood is one of triumph and achievement.

Think of someone you consider **Successful**

Someone you admire for their **abilities.**

This isn't the same as their **life style!**

This is someone you admire for
who they are and what they've achieved.

Character. Abilities. Talents. Intelligence

A silhouette of a person in mid-air, jumping over a gap between two dark cliff edges. The background is a vibrant orange and yellow sunset sky with a large, bright sun on the right side. The overall mood is one of triumph and achievement.

**How can your child achieve
Success?**

How often do you see abilities presented like this?



Good Will Hunting



We like to think of
our champions and idols
as superheroes who were
born different from us.
We don't like to think of them
as relatively ordinary people
who made themselves
EXTRAORDINARY.

Why not?

To me that is so much more
AMAZING

- Carol S. Dweck -


Mindset: The New Psychology Of Success



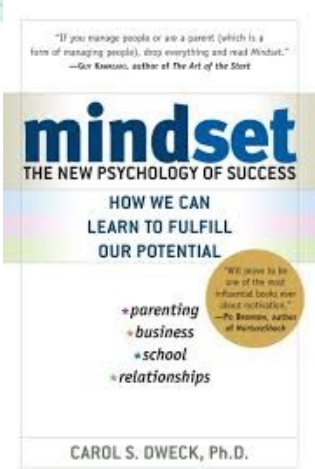
The Greatness Gap
Can you get across?



Mindsets



- **In studies of high achievers Dweck identified two “Mind Sets”**
- Fixed Mind Set - believes their abilities are fixed, a part of who they are
- Growth Mind Set - Believe their abilities are something they acquire
- **Success was most often related to the Growth Mind Set**



“If you manage people or are a parent (which is a form of managing people), stop everything and read *Mindset*.”
—George Bernard Shaw, author of *The Art of the Story*

mindset
THE NEW PSYCHOLOGY OF SUCCESS

HOW WE CAN
LEARN TO FULFILL
OUR POTENTIAL

• parenting
• business
• school
• relationships

CAROL S. DWECK, Ph.D.

Mind Sets - Carol Dweck

*In a word, the
difference
between a fixed
and a growth
mindset is the
word YET*

FIXED OR GROWTH MINDSET?

The Growth Mind Set

Embrace Challenges

More persistent

Effort is GOOD!

Learn from Feedback

Embrace the success of others





Avoid Challenges

Give up easily

Effort is BAD

Ignore Feedback

**Threatened by
the Success of others**

Carol Dweck on Mindsets - TED Video



- Edward de Bono makes an analogy between innate intelligence / success and the car you drive:
 - Innate intelligence = car you drive
 - Success = how well you drive the car



The Nature of Intelligence - Edward de Bono





No one is born able to drive. you have to learn!

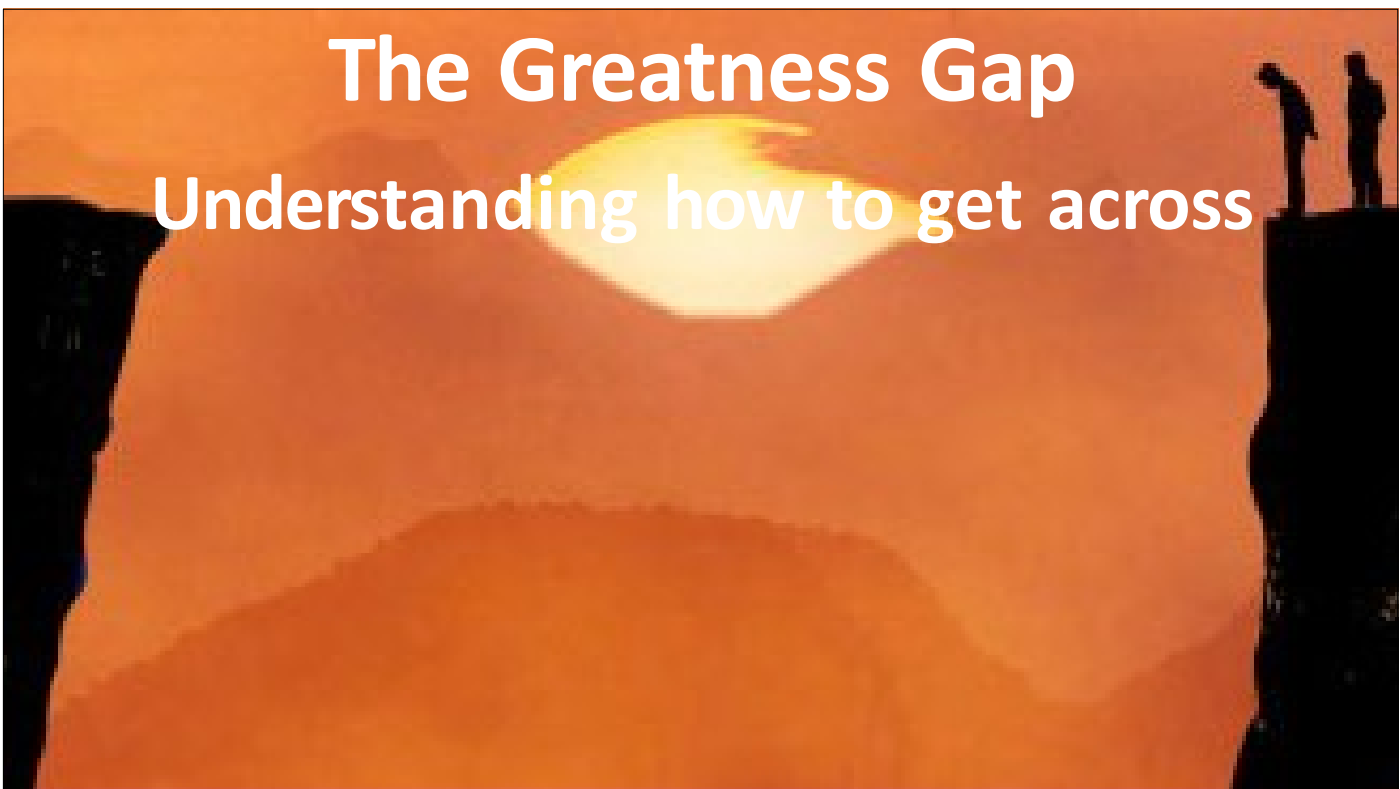




Teachers and parents
need to be the
driving instructor.

We have to teach our
children to use their
minds

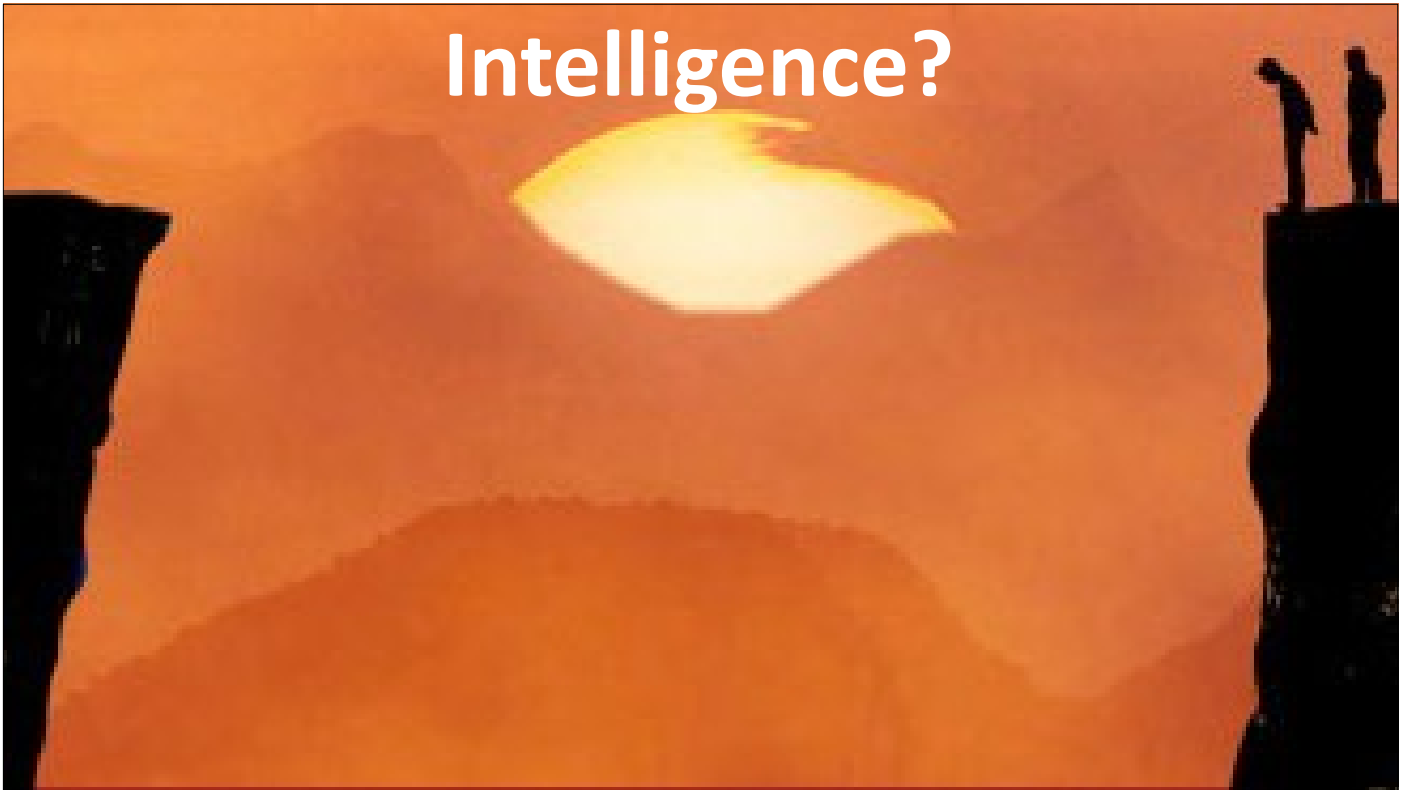
WELL!!



The Greatness Gap

Understanding how to get across

Intelligence?



Howard Gardner's Multiple Intelligences

- Defined as the ability to create something valued by society
- Recognises that intelligence is not of one type
- Acknowledges that individuals are born with differences
- Asserts that everyone can develop and extend each of these intelligences

A few modern philosophers ... assert that an individual's intelligence is a fixed quantity, a quantity which cannot be increased.



Me

We must protest and react against this brutal pessimism ... With practice, training, and above all, method, we manage to increase our attention, our memory, our judgement and literally to become more intelligent than we were before.

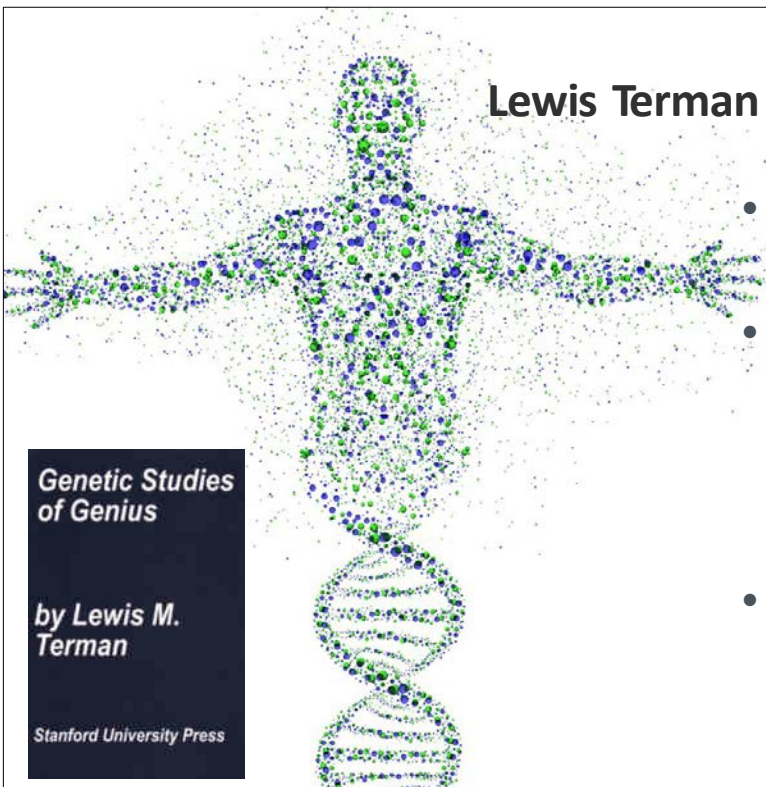
Lewis Terman - Genetic Studies of Genius

- Developed the Modern IQ tests known as the Stanford-Binet IQ test
- Genetic Studies of Genius
 - 1500 "Exceptionally Superior" Children
 - Tracked through School
 - Adult Achievers?
- Follow Up Study - "Regrets of Terman's Geniuses"

**Genetic Studies
of Genius**

**by Lewis M.
Terman**

Stanford University Press

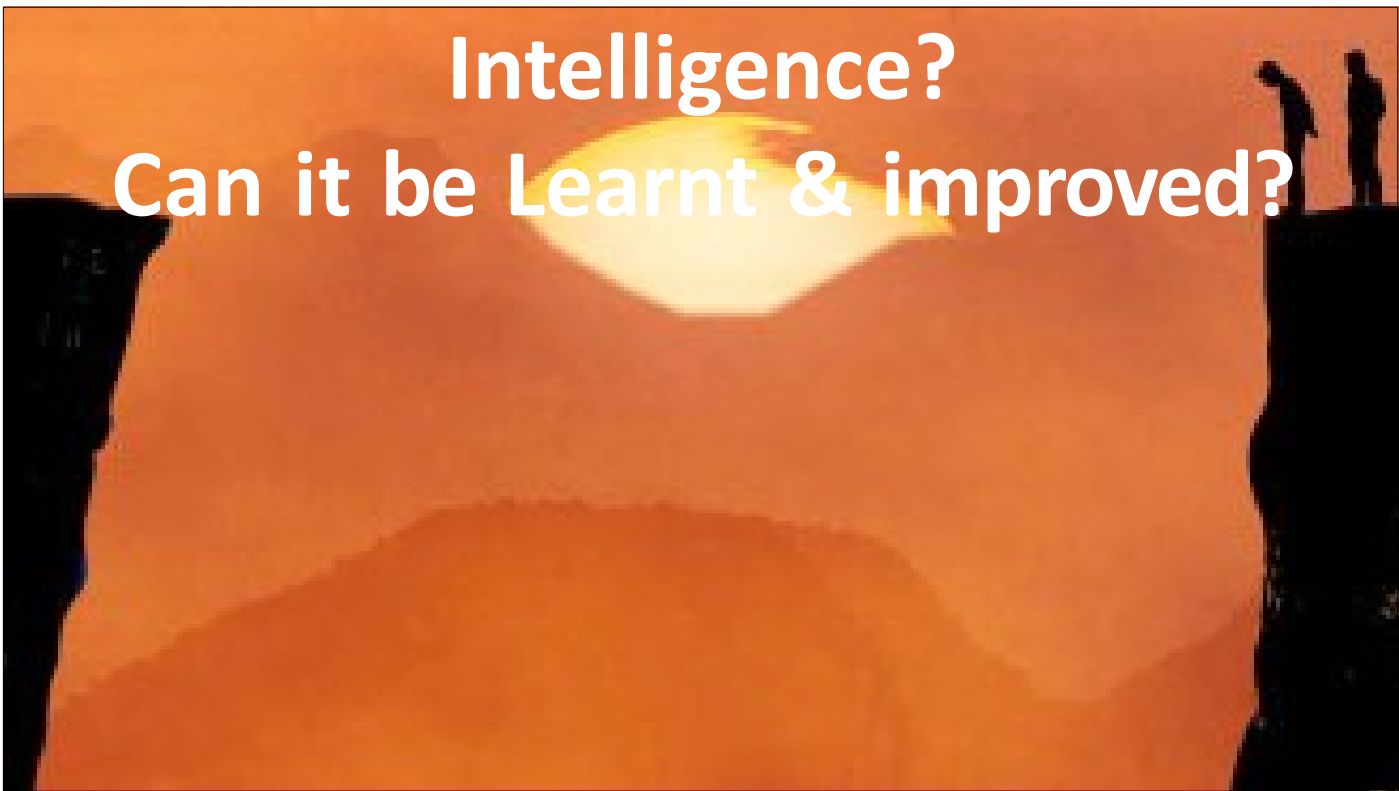




Don't tell your
child they're smart!

Being "smart" doesn't
make you successful.

Praising "smart" builds
a fixed mindset.



Intelligence?
Can it be Learnt & improved?

K. Anders Ericsson - The Acquisition of Excellence

Harvard Business Review



The Making of an Expert

New research shows that outstanding performance is the product of years of deliberate practice and resulting not of any innate talent or skill.

There were only two Hungarian chessmasters, László and Miksa József, that had no challenge the program computers also without demonstrated to even slightest quality, that is clear. They worked in clubs a year before the game in chess. The program computers had their own program, and it was in their software the job was playing chess with their program in a very simple way. That is, when playing and their program just not by some of their opponents but their interest in the way an always play with the world. The program, that had become a perfect player in his or their hands, just not the program player in their own way, but by being perfect by a world.

by K. Anders Ericsson, Michael J. Prietola, and Edward T. Cobley



Do you have a good memory?



My memory is so bad.



- Can an aspect of intelligence be improved?
- Memory
- Average student
- Remembering strings of random digits
- How many could you remember?

- 1 hour practice a day

- 190 Hour total

